

Aging

UNIVERSITY
OF MICHIGAN

AUG 2

U. S. DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

No. 70 -- August 1960

State Reports Received in Washington As Final WHCA Plans Are Developed

State Reports of surveys and findings on the needs and opportunities for older citizens, largely conducted as a result of activity sparked in the States by the 52 WHCA grants, are now being submitted to the White House Conference staff in Washington from all parts of the country.

State Recommendations, for consideration at the Conference itself, are due during the remainder of the summer months and are being made, in most cases, directly after the scheduled WHCA State Conferences on Aging. Some twenty State Conferences are scheduled for September.

Virgin Island Submits First Report

First to submit both its report and recommendations was the Virgin Islands, smallest in population of the 53 States and territories participating in the WHCA. The Virgin Islands had two Governor's conferences in May, held in different locations to accommodate a scattered population.

By the third week of July, State reports and recommendations had also been received from Oklahoma and Washington State, based on careful and extended preparatory work, statewide conferences, and citizen participation from all segments of the population.

Reports of findings without recommendations had come in from Alabama, Delaware, District of Columbia, Florida, Georgia, Kentucky, Louisiana, New Jersey, Rhode Island, and South Carolina as preparations were being made for the task of collating and coordinating each State's final set of recommendations.

Nationwide Compilations

Summarized nationwide compilations will be

returned to each State for the use of White House Conference delegates. A special "task force" of regional and central office White House Conference staff is now working on the coordination and compilation of State recommendations.

Background Papers and Case Studies

Meanwhile, most of the "Background Papers" in each of the subject-matter areas to be considered at the Conference have been printed and distributed to the Governor's Designee in each State, primarily as an aid for State WHCA preparations, and for official WHCA delegates.

A new series of "case studies" on successful projects throughout the country, under the title "Guideposts to Effective Action in Aging," has also been issued and distributed to the States. Copies of both the background papers and the case studies are not available to the general public because the limited printing run was intended solely for WHCA purposes.

The background papers are available of course, wherever WHCA officials have received them, and in most public libraries serving an area of 35,000 or more population.

WHCA Program Structure

Recent meetings of the entire National Advisory Committee, of the 20 Planning Committee chairmen, and of a newly appointed Coordinating Committee of Eight (chosen from the 150-member National Advisory Committee), have reviewed proposals and recommendations for final details on the program and schedule for the January 9-12 WHCA week. These are to be announced

soon. A preliminary WHCA program is now being prepared for the printer. Most of these proposals, when approved, will be included in the special issue of *Aging* due for release later this summer.

Selection of Delegates

Selection of delegates by national voluntary organizations has been virtually completed, and each State, as an aid in the selection of its official State delegation to the WHCA, is being advised which of its residents have been chosen to attend the Conference by the approximately 300 participating national organizations.

Arkansas Conference on Aging Follows Careful Planning

By Mrs. Fannie Beard, Consultant, Governor's Commission on Aging, P. O. Box 2981, Little Rock, Ark.

On June 23 in Little Rock our first State Conference on Aging was attended by approximately 300 people. It was the culmination of preparations and events which started in early 1959. Enthusiasm and interest were high, even though this was the hottest day so far this year.

1959: The Need for a State Commission

At their regular meeting in May 1959 the Governor's Committee on Employment of Older Workers recommended that a Commission on Aging be appointed. Although employment is essential to the welfare and economy of the aging population, our Committee realized that there are many other problems which need the attention of the general public.

The Commission Becomes a Reality

Plans were soon made for the organization of the Governor's Commission. Governor Faubus applied for the Federal WHCA grant of \$15,000 to finance the study of needs of the aged in Arkansas, one of the first applications from any State, and we received the grant in August.

After the initial appointment of 54 leading citizens from all parts of the State (the Commission now numbers 84), Gus Blass II of Little Rock was named Chairman. Mr. Harry N. Pollock of Fort Smith, who is a member of the WHCA National Advisory Committee, serves as liaison representative for the Commission. Dr. Hayden Donahue, another member of the National Advisory Committee, has also rendered invaluable service as a member of our State Commission.

Commission Action

It was decided that Arkansas would select the fields of greatest need for its study, and organize accordingly: *Welfare* and *Housing* were combined as one committee, as were *Education* and *Recreation*. Since *Health* and *Employment* were

needs already known to be of prime urgency, these were assigned to separate committees.

Members of the Commission chose the committee on which they wanted to serve, and committee chairmen drafted a set of preliminary findings and questions for the use of study groups throughout the State. A questionnaire developed by Dr. Philip Himmelstein of the University of Arkansas, a member of our Commission, was mailed with the preliminary committee reports to every county and area organization and formed the nucleus for the studies.

As our State survey progressed, it became increasingly apparent that the fields chosen for study often overlapped. They covered every area included in the ten subject groupings for WHCA State Reports.

State Organization and District Conferences

A chairman was designated in each of the six Congressional Districts to regulate the work of sub-committees within the District and keep them moving. With the aid of these District Chairmen, sub-committees were set up in each of the 75 counties.

On March 23, 1960 the first District Conference was held in Jonesboro. Other District Conferences were held at Russellville on April 5, at Newport on April 14, at Fayetteville on April 19, at Pine Bluff on April 22, and at El Dorado on May 16. Recommendations from these District Conferences were sent to the State Committee Chairmen, and were used as a basis for their workshops at the State Conference, and for their reports.

The excellence of the reports from Committee Chairmen prompted a decision to include them, with very little change, as part of the State Report. In order that the requested format will be followed, and for the sake of uniformity, condensed statements are also being made under each subject grouping, along more general lines.

The State Conference

Registration for our one-day Conference on June 23 began at 8 a.m., and was in charge of the "Senior Citizens Activities Today" organization of Little Rock.

At 9 the program began. Gus Blass II presided, giving a brief resume of Conference objectives. He introduced the guests and explained the workshops, which directly followed. Mr. Clarence Lambright, Dallas Regional Representative for the WHCA, served as consultant throughout the conference.

Until about noon, the four workshops then ran concurrently. They covered the six fields in which the committee studies had been made. Each workshop was conducted by the chairman of the committee in that field. All reported excellent group participation.

At the Conference luncheon Governor Faubus addressed the delegates, saying that "solving problems really lies in our own hearts, homes and communities; you can't delegate solving a problem to Little Rock or Washington and then forget it."

Miss Adkins Featured Speaker

Under Secretary of HEW Bertha S. Adkins was the featured luncheon speaker. She had warm praise for the Older Worker Program being carried out in the State, and said that her reason for wanting to come to Arkansas was an interest in what the States are doing in the study of the needs of aging.

Miss Adkins outlined the background and planning for the White House Conference; she cited the Arkansas program for Older Workers as a "grass-roots movement" with individual responsibility a major factor in its progress, adding that volunteer movements, such as this, are part of the things that make us a strong nation. "Here," she said, "you have shown what can be done with government units and private groups working together. One person can start a movement that will enlist the rest of a community."

Reports from District Chairmen and Workshops

Following the luncheon, the District Chairmen gave brief reports, a "business" session featured reports from each workshop, and recommendations were read, discussed, and voted upon by the entire group. All recommendations were adopted by voice vote.

Future Plans

Every person who attended the conference felt that it was an outstanding success, and that much has been accomplished. But we realize that we cannot achieve the desired results in one day.

We hope our next State conference will be set for at least two days, and plans for next year are already being formulated.

Wisconsin:

Third Governor's Conference

By Miss S. Janice Kee, Interdepartmental Committee on the Aging Population, 217 North, State Capitol, Madison 2.

Eight hundred persons enthusiastically exchanged facts and ideas on the nation's aging population, and gained new inspiration to help solve the problems of our older citizens at Wisconsin's Third Governor's Conference on Aging, June 1-3 in Madison.

The generally acclaimed success of our three-day meeting was due largely to the cooperation of many persons under skillful leadership. At least 100 people assisted the conference chairman, Judge Robert W. Hansen of Milwaukee (a

member of the WHCA National Advisory Committee), with planning and preparations for the conference throughout the previous year. Three hundred participated in the program, in 44 special subject meetings and five general sessions.

Local "Reactor" Meetings

While in many States the governor's conference has followed local district sessions, in Wisconsin the opposite was true. Reports and recommendations from our State conference will be presented in late August and early September at ten or more local district "reactor" meetings.

These later local meetings are expected to result in additional or modified resolutions to be brought to the White House Conference next January, and in more widespread awareness of the problems, as well as new stimulation of local action. Local communities will have the benefit of the knowledge, enthusiasm, and experience gained by representatives at the June 1-3 "kick-off" statewide sessions, and will get coordinated and printed conference reports on each of the ten groupings of subject areas recommended for study by the WHCA National Advisory Committee.

Senior Citizens Attend

The presence of numbers of elder citizens at Wisconsin's State conference provided a sense of direct contact with the problems discussed. Several cities had made special efforts to encourage the attendance of "senior citizens." Some seniors came independently.

The inspiring opening address was by Dr. Lillian M. Gilbreth, consulting engineer, psychologist, and the mother in "Cheaper By The Dozen." Dr. Gilbreth, in her eighties, is also a member of the National Advisory Committee for the WHCA.

The great diversity and variety of opinions expressed, especially in the health insurance field, and the willingness to consider all viewpoints, made this conference particularly stimulating. Discussions of the activities and plans of clubs, communities and institutions were among the most valuable conference experiences. Between and after sessions there was lively discussion in small gatherings.

In addition to 54 statewide agencies, organizations and groups which co-sponsored the conference, more than 20 other participating organizations sent official representatives to take part in the program.

The beautiful setting of the new Wisconsin Adult Education Center Building and the adjoining state Memorial Union with its terrace on the shore of Lake Mendota, provided an ideal environment for the serious deliberations that took place.

Special Staff on Aging

U. S. DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

ARTHUR S. FLEMMING, Secretary

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All other communications may be sent directly to Editor of *Aging*, Special Staff on Aging, U. S. Department of Health, Education, and Welfare, Washington 25, D. C.

New Direct Loan Program For Housing The Elderly Launched by HHFA

U. S. Housing Administrator Norman P. Mason announced on July 18 that the Housing and Home Finance Agency is ready to accept applications under the new program of direct loans for housing the elderly.

The program authorized by Section 202 of the Housing Act of 1959 (see *Aging* 62, p. 2) was activated by a \$20 million appropriation, recently signed into law by President Eisenhower.

Applications will be processed under criteria that will assure a variety of experience.

The program will be administered through a Division of Housing for the Elderly in the HHFA Office of the Administrator.

Mr. Mason announced appointment of Daniel G. Minto as head of the Division.

Mr. Minto served with the Federal Housing Administration from August 1958 until April of this year. He had been Director of the FHA San Francisco Insuring Office until May 1959, when he was appointed Assistant FHA Commissioner for Field Operations in the Washington office. Prior to joining the FHA, Mr. Minto had a successful career in business and finance in California and Hawaii.

The direct loan program is designed to supplement and not supplant the other Federal aids for housing elderly families and persons. The Federal Housing Administration provides mortgage insurance for both nonprofit and profit corporations to assist in the financing of rental housing projects specifically designed for the elderly. The FHA also is undertaking a new program of mortgage insurance for the financing of skilled nurs-

ing homes. In addition, the Public Housing Administration provides low-rent public housing to older persons of low income.

Loans under the new program may be made only to private nonprofit corporate sponsors of rental housing and related facilities for elderly families and persons. The housing and related facilities may be provided through new construction or through the acquisition and rehabilitation or conversion of existing structures. Construction must be undertaken in an economical manner and may not be of elaborate or extravagant design or materials.

Loans may be for no more than 98 percent of the total development cost.

The Administrator will report to the Congress as soon as possible on experience under the program.

Because the primary purpose of the program is to test and report promptly on the rent levels which can be achieved under varying conditions, selection will be made from otherwise eligible applications in a way to assure an objective test of

- projects built in widely scattered locations throughout the country;
- projects located both in large cities and smaller cities and towns;
- projects designed for independent or self-contained occupancy, along with those designed for congregate living.

Other significant elements of design, planning, and location which give promise of providing useful information and experience on the most effective means of meeting the housing needs of lower middle-income elderly persons and families will also be weighed in selecting from among eligible applicants and projects.

Evidence of ability to move forward rapidly in the final planning and construction of the project may also be a major factor in selection of early projects for this limited program.

Private non-profit corporations who are interested in participating in this program may write to the Division of Housing for the Elderly, Housing and Home Finance Agency, Washington 25, D.C.

Copies of application forms and of the Policies and Requirements of the Housing and Home Finance Administrator, a pamphlet which spells out the basic requirements of the statute and of the Administrator which will govern operations under the program, are being printed and will be sent to applicants as soon as available.

NEWS ITEMS

Last year, the Rhode Island Division of Adult Education was instrumental in organizing a course in East Providence emphasizing skills to help the chronically ill. The course concentrated on the development of interesting leisure activities. It was offered one night a week for seven weeks.

The East Providence School Department provided physical facilities, and the State Division of Vocational Rehabilitation paid the cost of instruction. Representatives from each of the eleven hospitals in Rhode Island attended to acquire skills which they could pass on to volunteers in their own communities.

For further information: Miss Grace Glynn, Director of Adult Education, Division of Adult Education, State Department of Education, Providence, R. I.



In Massachusetts, Governor Furcolo has named the Reverend Joseph T. Alves, as the new chairman of the Council for the Aging. Father Alves is Director of the Catholic Family Counseling, Inc., 49 Franklin Street, Boston.

Father Alves is a member of the Massachusetts Advisory Committee on Problems of the Aging for the White House Conference, and chairman of its subcommittee on Research in Gerontology (social and psychological). He has had a long distinguished career in social service work in Massachusetts.



Commissioner Julian H. Zimmerman of the Federal Housing Administration recently announced the appointment of Gerald P. Nye as Special Assistant for the Housing for the Elderly Program. Nye was U. S. Senator from North Dakota from 1925 to 1945. Since then, he has been a management consultant in Washington.

Mrs. Mary Cleverley, who formerly held the position occupied by Senator Nye in FHA, is now a special assistant on the staff of Mr. Norman P. Mason, Administrator of the Housing and Home Finance Agency.



Mrs. Helen S. Wilson has resigned as Specialist in Gerontology, Extension Services, University of New Hampshire, to assume a new post in Hackensack, N.J. She directed a statewide educational program to develop community services, activities, and programs for new Hampshire's senior citizens.

The National Committee on the Aging (345 E. 46 St., NYC 17) is planning to release by mid-September the first film in a series on "The Later Years," according to Executive Secretary Geneva Mathiasen.

This film deals with the problems of financial preparation for retirement. A packet of related materials to aid viewers who are motivated to plan for retirement in evaluating their physical, personal, and income status will include: forms to aid in budgeting; guides for property inventory and a review of property repair needs; questions on survey skills and hobby potentials; helpful hints on examining and storing important records; and advice on how to check up on one's health.

The film production is supported by a grant from the Mutual Benefit Life Insurance Company of New Jersey.



Dr. Joseph Hanford Gerber has been appointed Director of the Center for Aging Research of the National Institutes of Health at Bethesda, Md. Dr. Gerber was formerly Medical Officer in Charge of the PHS Indian Health Office in Aberdeen, S.D. In his new post, he will direct the activities of the Center for Aging Research in its responsibilities for coordinating NIH programs for research in aging. He succeeds Dr. G. Halsey Hunt, who is now chief of the Division of General Medical Sciences, of which the Center is a component.



Applications are now being accepted by the Consulting Service on Recreation for the Ill and Handicapped, National Recreation Association, 8 W 8 St., NYC 11, for 1961-62 grants supplied by the Avalon Foundation for a special Graduate Assistance Program established in 1958. The program is designed to assist graduate students who wish to specialize in recreation as a factor in the treatment and rehabilitation of ill and handicapped people. There were 92 applicants for the five awards given in 1960.



A nine-month course for orthotic and prosthetic technicians is being offered by the Institute for the Crippled and Disabled in NYC beginning September 12. The tuition is \$550. Students will receive both academic instruction and practical experience in laboratories and in work with patients.

Additional information and application forms: Charles R. Goldstine, C.P.O., Director, Prosthetic and Orthotic Laboratories, Institute for the Crippled and Disabled, 23 St. at First Ave., NYC 10.

PUBLICATIONS

"Federal Programs for Housing the Elderly," a recent leaflet with up to date information about the Housing Act of 1959, issued by the Housing and Home Finance Agency, is available in single copies from HHFA regional offices, or from HHFA, Washington 25, D. C. Quantity requests should be addressed to the Superintendent of Documents at GPO, for purchase @ \$2.50 per 100.

This handy summary of information presented in *Aging* 62, p. 2 is of interest primarily to those concerned with planning housing for the elderly, not for individuals with housing problems.



Latest published hearings of the U. S. Senate Subcommittee on Problems of the Aged and Aging, "Health Needs of the Aged and Aging," cover testimony given in Washington on April 4, 5, 6, 11, 12, and 13. Copies are available in very limited supply, as long as they last, from the Subcommittee, Senate Office Building, Washington 25, D. C. This 370-page document is identified as Committee Print "54566."

"Highlights of Testimony," in abbreviated form, are also available from the Subcommittee: a multilithed report on the first three days, and a ten-page Committee Print (55854) on hearings held April 11-13. There is no quantity restriction on the "Highlights."



"Report of a Work Conference on Nursing in Long-Term Chronic Disease and Aging" (League Exchange No. 50; March 1960; 41 pp. & supplement; National League for Nursing, 10 Columbus Circle, NYC 19; \$1) provides pertinent information from a June 1959 series of meetings sponsored by Teachers College of Columbia University and the PHS Chronic Disease Program of DHEW.

Nurse practitioners, knowledgeable and experienced in the care of the chronically ill and aged, and nurse educators, representing all types of educational programs, explored the problems they face and, on the basis of their observations, experience, and study, jointly produced this report. Attention is given to the various care systems, problems of patients, and the nursing role and responsibilities. Included are statements of beliefs about nursing education in relation to long-term nursing care, and some broad, general areas for study, with suggested content and related learning experiences.

Although prepared primarily for the use of faculty in various educational programs, this report is also suitable for in-service programs.

The 15th Edition of a list of 49 "Hobby Publications" for sale by the Superintendent of Documents, GPO, Washington 25, D. C. is available free upon request.

Hobby publications, as such, are not published by the U.S. Government. But many of the books, circulars, and pamphlets issued by various departments and agencies, as part of their official programs, contain information useful to hobbyists and those seeking interesting spare-time activities. Listings include materials of interest for active or would-be photographers, stamp collectors, fishermen, coin collectors, bird watchers, home economists, campers, seamstresses, pilots, woodworkers, gardeners, etc.



Single copies of "Food for Fitness: A Daily Food Guide" (Leaflet No. 424) are available free upon request from the Office of Information, U.S. Department of Agriculture, Washington 25, D. C.

This colorful brief folder, prepared by the Institute of Home Economics of the Agricultural Research Service, provides descriptions of the four basic food groups (milk, meat, vegetable & fruit, bread & cereal), and suggests ways to choose wisely among them. While there is no special mention of nutrition for the aging (beyond adulthood), the outlined dietary principles are helpful for all age groups.



"Existing and Proposed Low-Income Housing for the Elderly Families in Ohio" (1960; 12 pp.; processed), is the result of a statewide survey prepared for the Ohio Governor's Commission on Aging, with summary and tabulation by the Columbus Metropolitan Housing Authority. Single copies, in limited supply, are available free from the Commission on Aging, 408 E. Town St., Columbus 15.

As part of the Ohio survey for the WHCA, low-income housing authorities in Ohio were asked to complete a questionnaire on present and proposed housing for the elderly. Data on 16 Ohio cities and communities are included.



The Ohio Governor's Commission on Aging (408 E Town St, Columbus 15) also has available for free distribution a folder with a map of the State, showing the estimated population over 65 in each county, the percentage of each county's total population over 65, and a listing by county of patients over 65 in Ohio mental hygiene institutions. Address requests to Ralph D. Wheat, Executive Director.

An expansion in nursing homes facilities is badly needed to provide for the growing number of older persons who cannot otherwise be cared for, according to a new pamphlet, "Private Nursing Homes," obtainable @ 25¢ from the Public Affairs Committee, 22 E. 38 St., NYC 16.

"By any measuring rod, the nation's 25,000 nursing homes with 450,000 beds do not meet our needs," the pamphlet states. "It is estimated that 323,000 additional beds are needed."

"In summary, the ingredients of the problem are these. We are adding millions of older people to our population. Many of them are ill, requiring almost constant care at best and highly specialized nursing services in many instances. Present-day families are not able, except in unusual cases, to provide this kind of care at home . . .

"What is needed is an intermediate kind of service, midway between the unskilled care of an attentive but untrained housewife and the expensive, complex services of a general hospital."

This pamphlet contains general advice to any family which is searching for just such nursing care.



The April 1960 issue (Vol 41) of the Metropolitan Life Insurance Company's *Statistical Bulletin* reports "Why Older People Are Hospitalized" in a brief study, beginning on page 3. A table of leading causes of hospitalization and average duration of hospital stay for those over 60 is included.

Individual copies are available free from the *Statistical Bulletin*, 1 Madison Ave, NYC 10.



An article published four years ago on "Multiple Counseling of Older Workers," by Lloyd Meadow, may be of interest to some of *Aging's* new readers. It appeared on pp. 105-108 of the Spring 1956 issue of *Vocational Guidance Quarterly* (Vol. 4, No. 3), published by the American Personnel and Guidance Association, 1605 New Hampshire Ave., N.W., Washington 9. A few copies of this back issue are still available @ 50¢.

Multiple counseling, with a panel of vocational counselors, aims to explore facets and details of a client's situation which may not have occurred to any one counselor.



"More years in Our Lives" is a study of senior citizens done in Flint, Michigan by the Community Planning Committee for Senior Citizens. This 73-page report complete with conclusions and recommendations may be obtained @ 50¢ from the Council of Social Agencies, Senior Citizens Committee, 200 E. Kearsley, Flint 2.

"Rehabilitation of the Mentally Ill Aging" by David Freeman has been published on pp. 205 ff., as part of the *Social Welfare Forum, 1959* (Official Proceedings, 86th Annual Forum, National Conference on Social Welfare, San Francisco, May 24-25, 1959). This volume is published for NCSW (22 W. Gay St, Columbus 13) by Columbia University Press in New York.

Mr. Freeman, whose paper describes a special project stressing the contributions of social work toward rehabilitating aging and long-term patients, is Supervising Psychiatric Social Worker, Metropolitan State Hospital, Norwalk, Calif. His point is that social work is the key discipline for the job of returning patients to the community.

Papers presented at the 1959 NCSW meeting may also be found in *Community Organization, 1959*, published by the Columbia University Press, and in *Casework Papers, 1959*, and *Social Work with Groups, 1959*, available through NCSW.

"The National Conference on Social Welfare, a voluntary association of individual and organizational members, has since 1874 provided a national forum for social welfare.

"The annual forums furnish a two-way channel of communication between paid and volunteer workers, between social work and allied fields, and between the functional services and the profession.

"In addition to the annual forums, the National Conference serves as a clearinghouse of basic educational materials for use on local, state, national, and international levels.

"The Conference has a comprehensive publications program, and provides services to the state and international conferences on social welfare."



TIAA-CREF 1959 Annual Report is available from the Teachers Insurance and Annuity Association, 730 Third Ave, NYC 17. It includes a complete listing of colleges, universities and other educational institutions affiliated with TIAA-CREF plans for retirement, life insurance, medical expenses, and disability benefits.



A handy reference chart, "Age Discrimination Prohibited in Private Employment under State Laws," and a mimeographed paper, "Legislation Relating to Employment of Older Workers," are available free of charge in limited supply from the Bureau of Labor Standards, U.S. Department of Labor, Washington 25, D. C. The chart includes legislation by States, provisions of the laws, enforcement, and other related subjects. The paper is a revision of the data on State legislation published in *Aging* 59, p. 4.

"A Gerontology Program," a 42-page mimeographed report (1960) issued by the Adult Education Branch of the Los Angeles City Schools, is available free from Ann M. Barron, Ph.D., Gerontology Consultant, Belmont-Metropolitan Adult School, 1575 W. Second St., L. A. 26.

Dr. Barron, together with Assistant Superintendent J. Richard Smith and Associate Superintendent T. Stanley Warburton, prepared this significant and provocative account of a program built around 12 major aspects of community gerontology: "This important part of the public education program of the Los Angeles City School Districts is supported by the Board of Education and citizens as a further step to develop the educated leadership required . . . during these dynamic years."

In workbook presentation, the material will be of value to principals and other educators in planning educational activities for senior citizen groups. It is intended to be a handbook for administrators, workers, and teachers who aim to plan gerontology programs, classes, lectures, or group work. It is based on ten years of experimentation in Los Angeles City Schools.



An outstanding community conference on aging is fully reflected in the "Abstract of Proceedings" from the Winnetka, Illinois, meeting titled "Your Second Forty Years—What You Should Know About It." Copies @ \$1 may be obtained from the North Shore Committee on the Older Adult, 620 Lincoln Ave., Winnetka.

This community's attitudes on aging were well described in *Aging* 59, p. 7, under the heading "A Good Climate of Living for the Older Adult in a Prosperous Community." Winnetka's 30-page "Abstract" is a helpful, information-packed compendium, especially valuable for other suburban areas and communities.



A series of articles on the International Labour Organisation's efforts to secure fair treatment of older workers concludes with "What the ILO is Doing for the Older Workers" (p. 14-16, *Free Labour World*, May 1958, No. 95). Although this article is now two years old, it is a concise summary of the problems facing older workers internationally.

Free Labour World, published monthly in English, French, German, and Spanish, is the official journal of the International Confederation of Free Trade Unions. Subscription @ \$1.50 per year is available through the ICFTU Office at 20 W. 40 St., NYC 18.

Minnesota Radio Programs

By Mrs. Josephine B. Nelson, Extension Assistant Editor, Institute of Agriculture, University of Minnesota, St. Paul 1.

Various problems in aging were highlighted in a recent series of weekly 14-minute programs on KUOM, the University of Minnesota's radio station, produced in cooperation with many different community agencies of Minneapolis and St. Paul. We had special help in planning the series from Charles Martin, university extension specialist in family life education, and from Bernard Nash, special consultant on aging, Minnesota State Department of Welfare.

The initial program in the series was an interview with Mr. Nash, "When Do You Start Planning for Retirement?" On a later program he discussed "What the Community Can Do for its Senior Citizens."

Other programs featured representatives from the State Department of Employment Security, a retirement counselor for industry, the district manager of the Social Security Administration, social workers, a nutritionist, an architect (the WHCA technical director for Housing), and a sociologist (chairman of the Minnesota planning committee for the White House Conference).

The programs covered problems of older workers; how industry can help in retirement plans; health plans and health needs; nutrition; leisure time activities; housing; the changing role in family relationships in aging; social security; planning a retirement budget; and what the church can do.

The programs were recorded and tapes were made available to senior citizens' councils and radio stations throughout the State. Availability of the tape recordings is limited to Minnesota.

"Report of the Middle Mississippi Valley Regional Conference on Aging" in St. Louis, April 15-17, 1959, sponsored by the National Committee on the Aging in cooperation with the Health and Welfare Council of Metropolitan St. Louis, has been published by NCOA. Single copies @ \$1 postpaid are available from NCOA, 345 E 46 St, NYC 17.

The theme of this third regional NCOA conference, "The Later Years—Independent and Productive," brought nearly 500 people together, not only from the Midwest, to discuss key questions in related areas. This booklet "summarizes the conference proceedings and has been prepared in the belief that it will serve organizations not only in the Midwest, but across the nation in their expanding work in the field of aging."

National Jewish Welfare Board: Activities Throughout the United States

This report was submitted by Mr. Bernard Postal, Director, Bureau of Public Information, JWB, 145 E 32 St, NYC 16.

Dramatic refutation of the popular notion that elderly people just sit around and grow older, or look to the public "to do something for the poor old folks," is being given by senior citizens affiliated with groups sponsored by Jewish Community Centers affiliated with the National Jewish Welfare Board.

From every part of the country comes word of vigorous action, plain speaking, exciting community service, and wise thinking and planning by Jewish Community Center-sponsored senior citizens clubs, conferences, councils and similar groups.

Miami

More than 200 golden agers who participated in the first annual Senior Citizens Conference of the Greater Miami Jewish Community Center took up the challenge of the keynote speaker that they are "still very much part of the community," that they must take their "proper place in community life," and act for their "own good interest and for the good of the community at large."

Responding to Marshall Wise, district manager of the Social Security Administration, the senior citizens, meeting in seven different workshops, spelled out their own answers to the challenge in such fields as health, employment, social security, religion, family relationships, leisure-time activities, public affairs, and housing. Among their recommendations were: coordinated action by all senior citizens clubs in the community; greater interest in public affairs and acceptance of leadership and action on vital issues; an increased program of group activities; return to positions of leadership in synagogue life.

Chicago

The fourth annual Older Adult Conference of the Jewish Community Centers of Chicago drew 500 people to plenary sessions and three workshops. Their spirited debates and resolutions ranged from medical aid, to freedom for all shipping in the Suez Canal.

A highlight of the conference was an address by Sidney Spector, staff director of the U.S. Senate Sub-Committee on Problems of the Aged and Aging. Sponsored by the older adult departments of the JCC's, the conference for the first time published a souvenir program brochure, which raised funds committed to the establishment of an all-summer camp for older adults.

Announcement was made that the older adults had contributed \$2,015 to the Combined Jewish

Appeal of Chicago, \$334 to the Jerusalem YMHA, and \$600 to the Lillian Tarrell Camp Scholarship Fund. The Golden Age Hall of Fame awards for outstanding contributions to the community went to Mrs. Alfred D. Kohn, pioneer social welfare worker, and John M. Frank, business executive.

New York

In New York, more than 125 older citizens from 19 Jewish Community Centers and YMWHA's spent a weekend at a Senior Citizens Conference sponsored by JWB's New York Metropolitan Section, at the Educational Alliance Camps. In three different sessions the participants considered what they could do to lead happier and healthier lives and how the Centers sponsored by golden age groups can contribute to this end. This conference, too, adopted resolutions concerned with the health, housing, and recreation needs of older people.

Newport News

In Newport News, Va., the Grand Club, sponsored by the Jewish Community Center, is working on plans to launch a pilot project with a local industry which would provide home-work and additional income for the older people. Meanwhile, the club has stepped up its recreational program for servicemen attending activities at the Center. Members of the group act as hosts and hostesses, provide refreshments, accompany chaplains on visits to hospitalized veterans, and make toys and gifts for orphans and homes for the aged.

San Francisco

The San Francisco Jewish Community Center has assumed co-sponsorship with the National Council of Jewish Women of the Montefiore Center for older adults. The latter group, which has moved from location to location in the last ten years, will now be housed in the Center, thus providing greater facilities, counseling service, and courtesy membership in the JCC.

Hartford

In Hartford, Conn., the board of directors of the Jewish Community Center and the local section of the Council of Jewish Women adopted a joint statement recommending close governmental cooperation with private groups in meeting the housing and recreational needs of elderly citizens. The statement was submitted to the Governor's Committee for the White House Conference on Aging.

These, and similar programs throughout the country, are part of JWB's planned efforts to encourage its regional groups and affiliated Centers to participate actively in preparations for the 1961 White House Conference on Aging.

American Public Welfare Association: Public Welfare Project on Aging

The following three news items were submitted by Mr. Jay L. Roney, Project Director, APWA Public Welfare Project on Aging, 6006 S. Stony Island Ave, Chicago 37.

The APWA Committee on Aging, of which William P. Sailer, Executive Director of the Philadelphia (Pa.) County Board of Assistance, is chairman, met in Chicago on May 9-10. This Committee of 42 members representing national voluntary and public organizations, and State and local public welfare agencies, devoted its attention to discussing selected governmental and non-governmental programs on aging. This broad review will serve as a springboard for further Committee activities.

The wide range of interests on the part of the total Committee membership led to the appointment of a Subcommittee on Priorities and Long-Range Planning, chaired by Constance Kellam, Chief Supervisor, Division of Public Assistance, Lake County (Gary, Ind.) Department of Public Welfare. This group will have primary responsibility for pointing up areas for future activity, with emphasis directed to provide and improve services to the aging through public welfare departments.



The APWA Public Welfare Project on Aging, in an effort to evaluate services provided to the aging in States which have created special units or have assigned personnel specifically to work in the field of aging, held a seminar with five selected States on May 11-12 in Chicago. Attending the session were State administrators or their designees, and the specialists on aging from the following States: Illinois, Kansas, Minnesota, North Carolina, and Pennsylvania.

Despite the wide diversity of patterns of welfare administration and the variety of emphases of each State, there was a clear recognition as to the needs of the aged and the necessity for providing direct service to individuals and families through public welfare departments for both recipients and non-recipients of public assistance. The important role played by a community organizer in stimulating local activity was also highlighted.

A report on this seminar will be issued shortly.



The APWA Project on Aging has published its first issue of *Aging Highlights*. This newsletter incorporates information as submitted by State departments of public welfare in the field of aging and emphasizes the role of public welfare in providing services.

Chicago: 1960 Golden Age Olympics

The 1960 "Golden Age Olympics" were held under the auspices of the Older Adult Department of the Jewish Community Centers of Chicago on July 28. Hundreds of seniors who have been gathering weekly at parks and forest preserves competed for the honor of representing their groups in the championship contests.

The competitive games consisted of: ball throwing, walking races, couple races, loud call, slimmest waist for women, handsomest legs for men, leg identification by spouse, and others.

1,000 senior adult members of the Jewish Community Centers witnessed the contests at Thatcher's Woods. A roaming folk dance band supplied familiar tunes and old world and American folk dances. A special feature was the presentation of gifts to all members with birthdays in July and August.

Long walks, a visit to the natural museum in the woods and community singing were also on the program. The "Friends of Golden Age," an organization composed of children and friends of members of the senior groups sponsored this outing. The American Red Cross provided a volunteer unit for any emergencies.

For more information: Peter Tarrell, Director, Older Adult Department, Jewish Community Centers of Chicago, 32 W Randolph St, Chicago 1.

National Committee on the Aging: 10th Anniversary Meetings, October 17-21

The National Committee on the Aging will celebrate its 10th anniversary with a week of meetings covering a number of vital areas in the field of aging, October 17-21 in New York City.

Monday, October 17, will be devoted to the second conference of national organizations, sponsored by NCOA.

Tuesday and Wednesday will be devoted to the 10th annual meeting of NCOA. An anniversary dinner with a nationally prominent speaker is planned.

On Thursday and Friday, meetings of representatives of non-profit homes for the aged are planned.

The 10th anniversary meeting will focus on "The Functional Adequacy of the Older Person." Five areas in particular will be studied: physiological adequacy, emotional and psychological adequacy, economic adequacy, social adequacy, and use of leisure time. These sessions will take place October 18.

For more information: NCOA, 345 E 46 St, NYC 17.

"Who Says They Are Old?"

This article was prepared by Mrs. Bessie Forrester, Supervisor, Parker Presbyterian Home, Newville, Pennsylvania.

In the fall of 1958, seeking interesting and stimulating recreation for our residents, we started a "rhythm band." Soon, residents from two other Homes in Newville became eager members of our group. This year, residents from the Carlisle Presbyterian Home were also included.

Although it was started only as one of our Home recreation projects, the band, "The Presbytaires," has already seen wide service throughout the State and across its borders. It has played for church groups, school fairs, banquets, two television appearances, and made a tape recording for Garry Moore's "I've Got a Secret" show. The instruments used are: cymbals, snare drums, triangles, tambourines, castanets, clog shakes, bells, pogo-cello, and harmonica.

Fame is sweet to oldsters who also like to get out and see the world. Now, instead of thinking of their ills and pills, they are having thrills—living outside of themselves.

New interests have been introduced into their lives. New horizons beyond the "rocking chair" have been opened up. They are of use to others. A closer fellowship is developing in their Home relations through this common interest. They are again growing.

How old are they? The oldest is 88. The average is 78. But what of that? They are going strong and having fun in a broadened world.

Don't tell *them* they're old!

LETTERS TO THE EDITOR

It may be that your readers would have interest in our recent experiment here at the Center in extending our staff to include a qualified social worker.

There are many older people who successfully work out a satisfying program for themselves without participation in a Senior Center program. Others who are completely adequate in selecting for themselves how they use the facilities find interests and participate in our program.

But for those who need more, social work services, we believe, are indispensable. The social worker at the Winnetka Senior Center can offer promptly counseling and casework services oriented to the age and special condition of older people, and can make effective referrals by interpreting and preparing the individual to use the services of other agencies.

Our social worker's tasks, duties, and responsibilities have been put together in a comprehensive job description. Her work has the support of family service agencies, and the public agencies.

We are convinced that a social worker has a unique opportunity to perform her function of service to older people when she operates in a Senior Center setting.

Mrs. Janet S. Burgoon,
Director
Senior Center, North Shore
Committee on the Older
Adult
Winnetka Community House
Winnetka, Ill.

Attached is a copy of "Add Life to Their Years," a manual for staff, board members, and volunteers to use in the development of programs with older adults. The response to this book has been excellent. We are now offering it at the reduced price of 50¢.

We invite you to examine this book and bring it to the attention of your readers.

Rev. William J. Villaume,
Executive Director,
Department of Social Welfare,
National Council of
the Churches of Christ in
the U.S.A.
475 Riverside Dr, NYC 27.

Our Foundation is doing something in which I think you will be interested.

The University of Texas Southwestern Medical School under the direction of Dr. Harry Martin and the North Texas State College under the direction of Dr. Hiram Friedsam are jointly making a study of the activities and attitudes of approximately 100 members of the Foundation's day center called Hospitality House. The members are all over sixty years of age. This will be done on a personal interview basis by two graduate students.

I believe the study will be of some significance because our membership cuts across all economic and social levels and is quite representative of the total community.

Charles F. Brooks, Executive
Director, E. D. Farmer
Foundation for the Aged of
Texas
P.O. Box 4791, Dallas 6.

We feel that you will be interested in knowing of the forthcoming October number (Volume X, Number 2) in the monthly *Vital Issues* series, which will consider the problems of the aged.

This subject has been selected, after careful consideration by our Editorial Advisory Committee, as one of important and timely interest and we are hopeful of securing wide distribution for this *Vital Issues* so that as many persons as possible may have a better basic understanding of the matter.

Vital Issues ("A discussion guide for better informed Americans") is published September through June to provide backgrounds and the current situation of an important topic which the citizenry should think about and act on with enlightenment and wisdom if democracy is to function at its best.

Copies @ 35¢ (with quantity discounts down to 5¢ each for 5,000 or more) are available from the Center for Information on America, an independent educational corporation, non-profit and non-partisan, dedicated to furthering the knowledge and understanding of America by Americans through informational publications, radio, films, television, and conferences.

Mrs. Adeline H. Banker,
Circulation Manager
Center for Information on
America
Washington, Connecticut

I am enclosing herewith a copy of the "Survey of Nursing Homes and Homes for the Aged in Florida," which was prepared for the Governor's Conference on Aging in Tallahassee, June 20-21, 1960.

A limited number of copies are available for free distribution through Dr. John L. Enyart, Director of Division of Hospitals and Nursing Homes, Florida State Board of Health, P. O. Box 210, Jacksonville, Fla.

Sidney Entman, Exec. Dir.
River Garden Hebrew Home
for the Aged
1800 Stockton St.
Jacksonville 4, Fla.

CONFERENCES & COURSES

WHCA State Conferences in September

During September, 20 State Conferences on Aging are scheduled for the specific purpose of preparing for the White House Conference on Aging.

(Full information is available from the person whose name and address is listed.)

COLORADO: September 24, Denver. Hon. Robert L. Knous, Lt. Governor of Colorado, Denver.

DISTRICT OF COLUMBIA: September 15. Dr. Jack Kleh, Briggs Montgomery Building, 27th and K Streets, N.W., Washington 7.

ILLINOIS: September 6-7, Springfield. Mrs. Elizabeth Breckenridge, Assistant to Secretary of Illinois Advisory Council on the Improvement of Economic and Social Status of Older People, 180 N. LaSalle Street, Chicago 1.

INDIANA: September 19-20, West Lafayette. Dr. Morton Leeds, Secretary, Indiana Commission on the Aging and Aged, 3516 Central Avenue, Indianapolis 5.

KANSAS: September 7-8, Lawrence. Mr. Z. Arthur Nevins, Capitol Building, Topeka.

KENTUCKY: September 1-2, Louisville. Mr. Jo M. Ferguson, Department of Economic Security, Frankfort.

LOUISIANA: September 21-22, Baton Rouge. Mrs. Madge S. Kennedy, Box 4282, Capitol Station, Baton Rouge.

MAINE: September 14, Augusta. Mr. Robert C. Russ, 400 Congress Street, Portland.

MARYLAND: September 7-8, College Park. Mr. Gerald Monsman, 408 State Office Building, 301 W. Preston Street, Baltimore 1.

MICHIGAN: September 21-22, Lansing. Mr. Manfred Lilliefors, Director, Michigan Commission on Aging, 404 Tussing Building, Lansing 7.

NEW MEXICO: September 23-24, Albuquerque. Mr. Murray A. Hintz, Box 1391, Santa Fe.

NEW YORK: September 19-20, Albany. Mrs. Marcelle G. Levy, % State Department of Social Welfare, 112 State Street, Albany.

OHIO: September 19-20, Columbus. Mr. Ralph D. Wheat, Executive Director, Governor's Commission on Aging, 408 E. Town St., Columbus 15.

PENNSYLVANIA: September 13-14, Harrisburg. Mrs. Ruth G. Horting, Secretary of Public Welfare, Harrisburg.

PUERTO RICO: September 1-3, San Juan. Dr. Guillermo Arbona, Secretary of Health, San Juan.

TEXAS: September 6-8, Austin. Hon. Crawford C. Martin, Box 2125, Capitol Station, Austin.

UTAH: September 16, Salt Lake City. Mr. Delbert L. Stapley, Office of the Governor, Salt Lake City.

VIRGINIA: September 12-13, Richmond. Mr. John E. Raine, 511 Virginia Building, Richmond.

WEST VIRGINIA: September 1-2, Charleston. Mr. F. Duane Hill, Department of Employment Security, Charleston.

WYOMING: September 17-18, Casper. Dr. James W. Sampson, State Office Bldg., Cheyenne.

An internship program for vocational rehabilitation counselors has been announced by the Institute for the Crippled and Disabled, 400 First Ave., NYC 10. The internships are supported jointly by DHEW's Office of Vocational Rehabilitation and by the Institute.

Positions in the internship program are open to those who have completed the masters degree in vocational rehabilitation counseling, psychology and related programs, and to those who are enrolled in third and fourth year doctoral programs in the same fields. Enrollment is limited to U. S. citizens. Stipends range from \$3,600 to \$4,200 a year.

Focus of the internship program is on the preparation of the intern for assignments in comprehensive rehabilitation facilities, government agencies, hospitals, and in sheltered workshops. Interns will be given broad opportunities for clinical counseling experience.

A brochure fully describing the Vocational Rehabilitation Counseling Internship program is available on request from Dr. Wilfred Haber, Chief of Vocational Rehabilitation Counseling Services.